



Sleep Dentistry

Thank you for your interest in Sleep Oral Sedation Dentistry.

What is Sleep Dentistry? Sleep Dentistry is a term used in our office for a safe and effective service we provide which allows patients to feel comfortable and relaxed while they sleep through their dental treatment.

Who's a candidate for Sleep Dentistry? Sleep Dentistry is perfect for patients who may be uneasy having dental treatment, or perhaps, one who may want a significant amount of treatment completed in one visit.

How does it work? Sleep Dentistry works by taking a pill called Triazolam (.25 mg), which activates the sleep center of the brain. In this resting state, a patient will sleep through their appointment and still respond to simple commands like turning their head or opening their mouth. Patients can also let us know if they are uncomfortable in any way.

Is it safe? Yes! While the patient is sleeping, we carefully and constantly monitor their blood pressure, heart rate, and oxygen saturation level with a machine called a pulse oximeter with a sensor that lightly rests on a finger or toe.

What are the side effects? One of the greatest things about Sleep Dentistry is there are very few side effects other than sleepiness the remainder of the day/night and a bit of amnesia. Most patients think they will remember their appointment but that has not been our experience. Best of all, when you awake, your appointment will be over and you will feel relaxed and comfortable. Then you can return home and enjoy your beautiful new smile!

Why Dr. Dave Berger's Office? Because we understand you and will never judge you. At our office, we are dedicated to make certain that our patients never feel judged or embarrassed in any way, for any reason. We are thrilled you are seeking great dental care now, regardless of a past or current condition. Also, we are passionate about making sure our patients never neglect their oral health or postpone necessary or beautiful cosmetic treatment because of anxiety, financial, or time issues. Dr. Dave and our entire team have received advanced training in the treatment of extraordinarily excellent dentistry and smile design as well as the management of anxious patients. We have also created numerous payment options to fit almost any budget to help you afford your care.

How do I get started? Any way you want to or feel comfortable with! Call us to discuss Sleep Dentistry further over the phone; schedule a "meet and greet" appointment where we will simply give you time to meet Dr. Dave and our team and get your questions answered in person; or, if you're ready, we can schedule a comprehensive examination appointment and develop a customized treatment plan to fit your goals, budget and time constraints.

Call us today at (209) 532-3171. We're here for you.